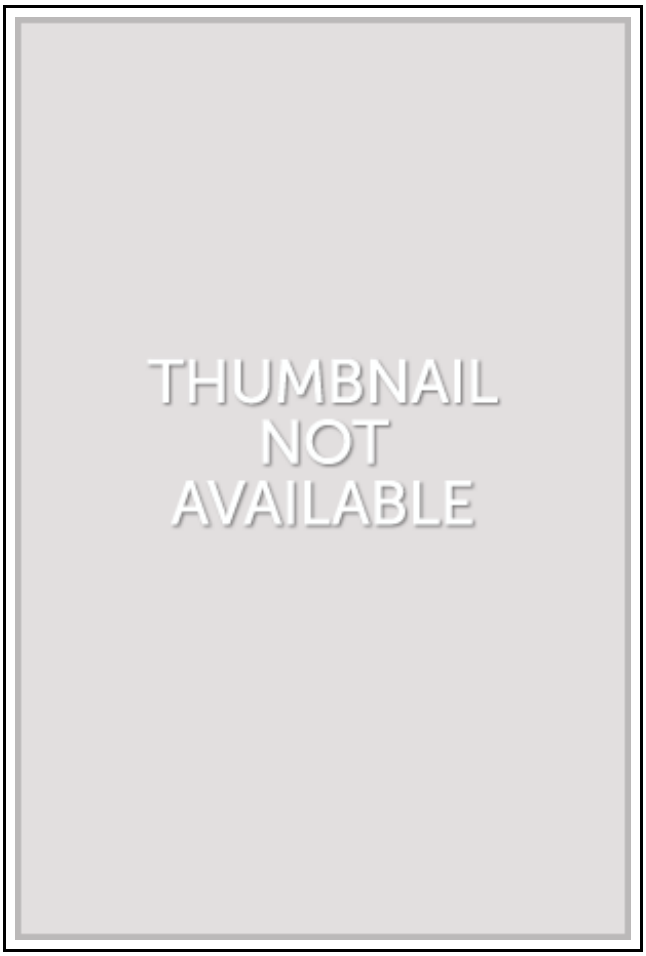
Bipolar Blessings Mind Expansion Second Edition: One Cure for Bipolar Disorder



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Reviews

This written publication is wonderful. It is rally fascinating throgh reading period. I discovered this book from my dad and i suggested this publication to find out.
(Keshaun Daugherty)

BIPOLAR BLESSINGS MIND EXPANSION SECOND EDITION: ONE CURE FOR BIPOLAR DISORDER

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H. Fulcher Publishers. Paperback. Book Condition: New. Paperback. 274 pages. Dimensions: 9.0in. x 6.0in. x 0.8in.Only the bipolar and overstressed can cure their disorders! Bipolar disorder is caused by arrogant, deceptive, significant others and stressful situations. Minds go out of control when stressed beyond design limits. The author was afflicted with bipolar disorder in 1977, experiencing sporadic manic episodes until 1994, while on prescribed medications. He has worked 16 years developing an amazing cure for his disorder using physics (physical exercises) and nuclear modeling. Briefly stressing the brain to emotional limits releases emotional tensions and forces its subconscious processes to understand and heal themselves. Elevating moods, a few times a week, is similar to a vaccination preparing the mind for real stress and has developed a confident, creative mind. Integrating science, metaphysics, and spirituality has developed the authors cure. Exercises can release stress from localized trauma memories, similar to psychoanalysis. Muscles are connected to nerves and nerves are connected to neurons in the brain. Sensations are felt in the upper neck, throat, brainstem, and brain. Organized exercises and writing restructures the brain. If working toward their own cures, readers should develop a sense of satisfaction and confidence. The following experiences have inspired the authors work and cure: 1. A certain death near car accident caused a flash of emotional memories. 2. An incompatible marriage caused severe stress and bipolar disorder. 3. Discussions with a neurosurgeon and nuclear modeling skills instilled confidence to model the brain and mind. 4. A spiritual message demanded obedience for spiritual communication and writing. There is no quick cure for bipolar disorder. Sanity and a future are worth the long effort. Without manic episodes for 16 years, the author has proven that bipolar disorder can be cured. The authors work also promotes spiritual communication. Can cured...

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