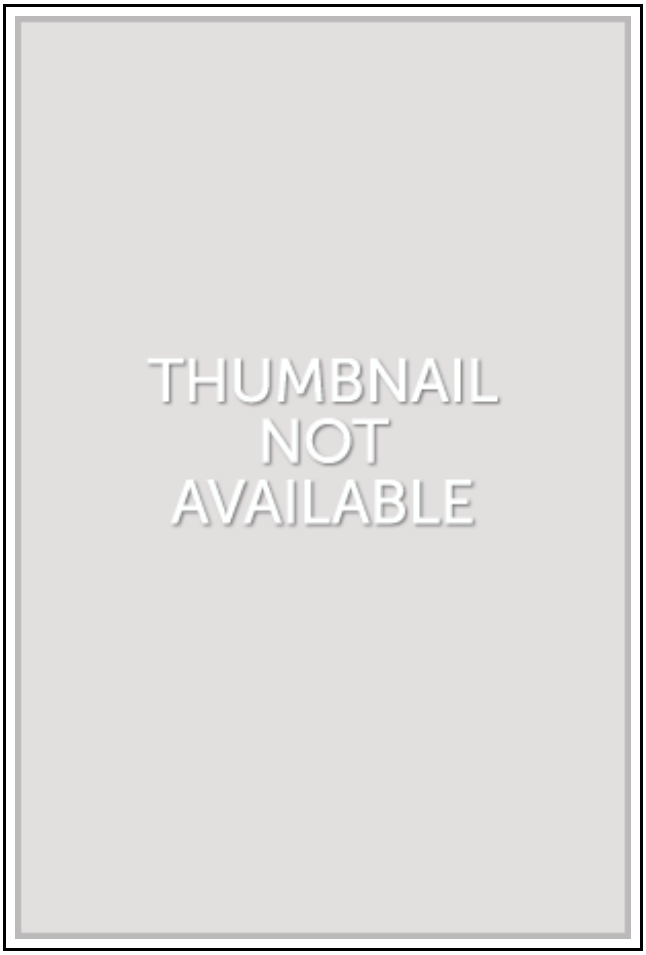
Student Cookbook For Dummies



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Reviews

Very good electronic book and valuable one. It is actually writter in basic words instead of difficult to understand. I discovered this ebook from my i and dad encouraged this publication to discover.
(Prof. Jevon Frami)

STUDENT COOKBOOK FOR DUMMIES

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John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Student Cookbook For Dummies, Oliver Harrison, Are you a student who's fed up with making do with greasy food and monotonous ingredients? A parent who worries about your son or daughter's mounting tendency to nip to the fast-food van at all times of the day? Then look no further! Taking into account thepressures and stresses of university life - the work, the exams, the parties - this entertaining guide takes students through the essential skills, techniques and ingredients they need to make over 160 delicious, healthy meals on a budget and on the go. Packed with top tips on frugal shopping, diet maintenance and healthy-microwave cooking, as well as the low-down on hosting dinner parties, choosing wines and mixing cocktails, baked-bean-living will become a thing of the past! Student Cookbook For Dummies includes: Part 1: Getting Started * Chapter 1: Saying 'Hello' To Your Kitchen * Chapter 2: Going Shopping * Chapter 3: Knowing What You're Eating Part 2: Breakfast, Lunch & Snacks * Chapter 4: Bigging up Breakfast * Chapter 5: Making great Lunches * Chapter 6: Snacks Part 3: Bring On The Main Course * Chapter 7: Cooking For One * Chapter 8: Eating the Right Food To Get You Going * Chapter 9: Mastering Microwave Cooking * Chapter 10: Making the Most of Time and Money * Chapter 11: Decadent Desserts and Treats Part 4: Entertaining * Chapter 12: Lads and Girls Nights' In * Chapter 13: Pulling Together a Sunday Roast * Chapter 14: Food To Impress: Cooking for a Date * Chapter 15: Getting into the Party Spirit Part 5: The Part Of Tens * Chapter 16: Ten Tips For Cooking At Uni * Chapter 17: Ten Ways to Eat On The Cheap *...

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