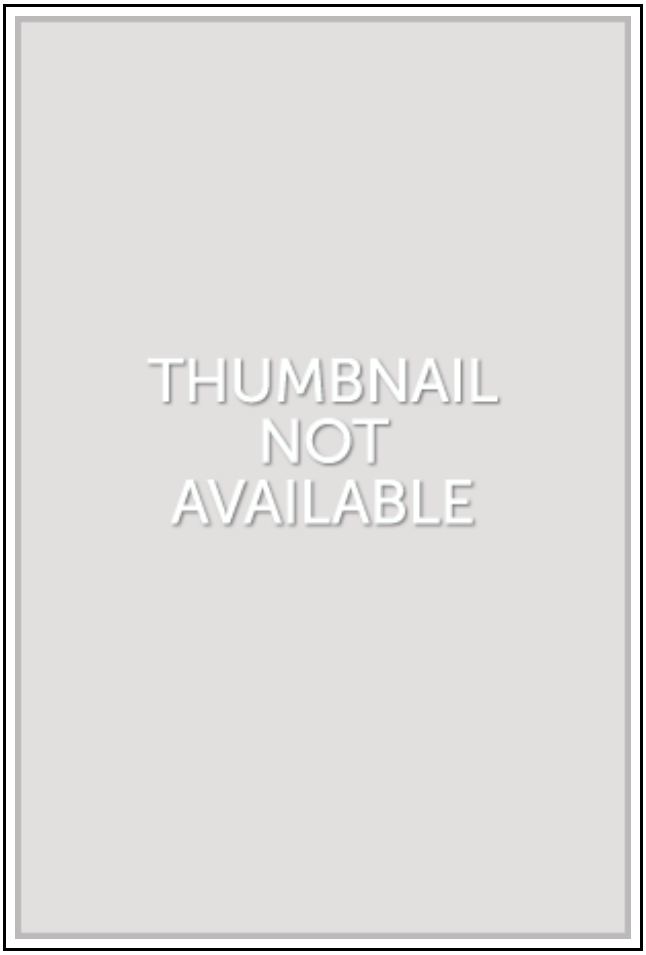
One Mans Everest



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Reviews

This book will never be straightforward to start on looking at but extremely exciting to read. I actually have read through and that i am sure that i am going to gonna go through once more again in the future. I am happy to explain how this is the very best book i have read through in my individual lifestyle and may be he best publication for at any time.

(Estrella Howe DVM)

ONE MANS EVEREST

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Preface Publishing, London, 2015. Paper back. Book Condition: New. 24 cms. 699pp. The story that emerged from the Everest base camp on 21st May 2013 was remarkable even in its bare essentials. A British climber had marked the 60th anniversary of the first ascent of the worlds highest peak by climbing not just Everest but the two huge mountains next to it, all in one go. It was an astonishing feat of endurance. Kenton Cool and his Sherpa partner, Dorje Gylgen, had gained and lost ten vertical kilometres in the 120 hours it took them to climb Nuptse, Everest and Lhotse. They had barely slept or eaten. Theyd burnt so many calories that Cool staggered back from Lhotse two stone lighter than when he had set out on the 15th. It was the first time anyone had done the whole enormous Everest horseshoe in a single push. Kenton Cools first venture into serious rock climbing was, fittingly, a very severe one on the South Coast near Swanage that had Cool battling for his life, exhausted and exhilarated. That summer he went straight out to the Alps, and stormed up mountains that many climbers will spend lifetimes dreaming of but never quite attempting. From then on, the mountains have been his life. From bivouacing under a rock for nights on end high above the Chamonix valley to getting the great adventurer Ranulph Fiennes , who is by his own admission scared of heights, to the top of Everest in 2009 and climbing the three peaks in 2013, Cool is recognised as the finest British climber of his generationCool has been lucky or unlucky, depending on your view. Back from the Alps, one June afternoon in 1996, he was on a route called Major Headstress in a Welsh slate quarry when a...

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