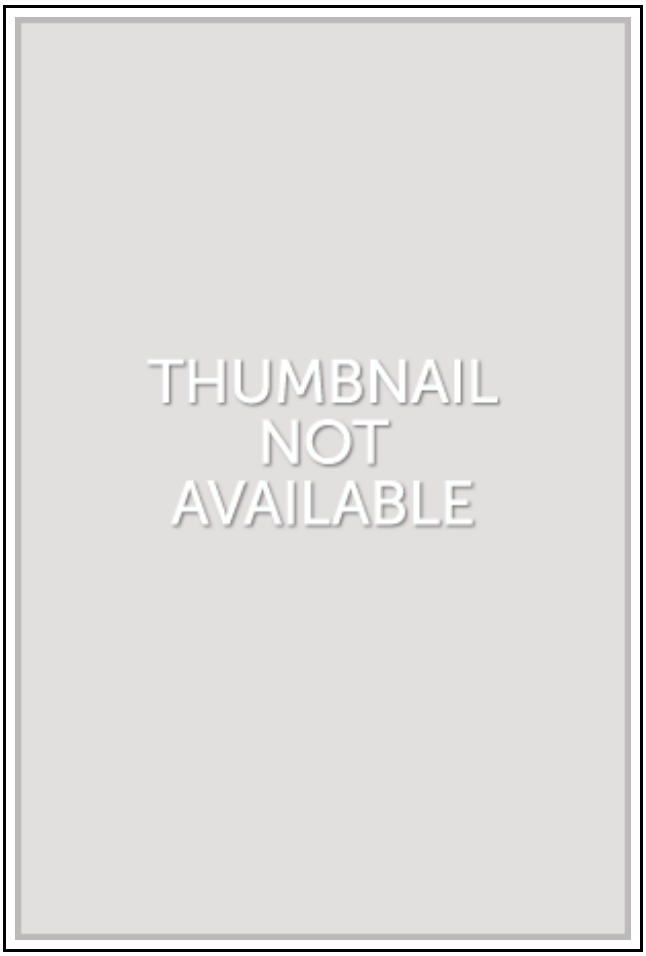
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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Cumberland Gap Park: Hotel, Casino, and Sanatorium at the Cumberland Gap It is a somewhat remarkable fact that no well-conducted health resort or Sanitarium exists in America to-day, such as are to be found in many parts of the United Kingdom or the Continent. It is true that in various places in the United States there are a number of well-patronized and profitable establishments which, as a rule, are located in regions possessing natural attractions, but these are very often built with an utter disregard of all sanitary laws. It cannot be denied that certain natural aids are indispensable to the physician, though often disregarded as means for the relief, especially, of exhausting and chronic dis eases; and the establishment of a well-managed resort, placed in a part of the country which possesses a high average of general excellence, so far as climate, altitude, drainage and accessibility are concerned, not to speak of such attractions and beneficial adjuvants as mineral springs and hydrotherapy, must be a success. There are a large number of invalids who are unable to stay at home throughout the year, but make it a study to find some place in which to exist. These people with surprising care investigate the variations of climate and soil. They soon learn that one place is endurable in January and February, and another entirely incompatible with health or comfort during these months, so that they migrate from one resort to another, as restless as nomads, and with a constant fear of a change of air that will compel them to hurriedly seek new abiding-places. Many of these individuals are obliged to leave comfortable and luxurious...

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