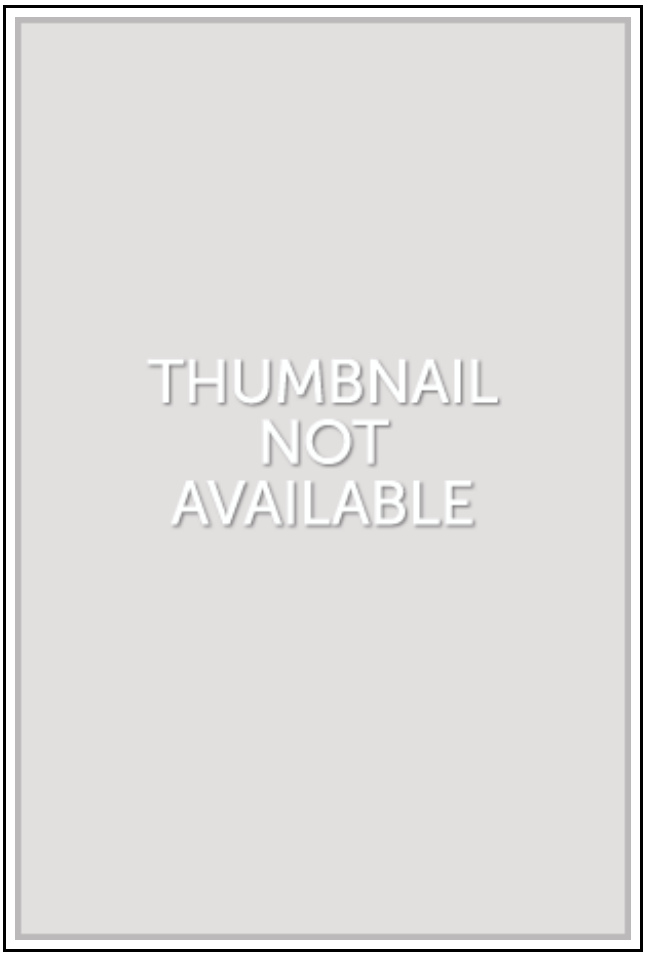
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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Currently, 26 million people worldwide suffer from dementia, and if we continue on this course over 15 million Americans and 100 million people around the world will have some type of dementia by the year 2050. Recently, those in the battle against dementia have focused on ways to slow and prevent it rather than come up with a drug to cure it. The results of this research provides new hope to halt the dementia pandemic. In Use It or Lose It: Strategies to Prevent Dementia, author, registered nurse, and pastoral counselor Christopher W. Bogosh teaches the reader about this cutting-edge research. With over twenty-five years experience in the medical field in geriatric care, palliative care, hospice care, behavioral health, and holistic counseling, Chris presents an accessible resource based on the latest research in Alzheimer s disease and dementia. Chris is the author of several books, including The Golden Years: Healthy Aging and the Older Adult.

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