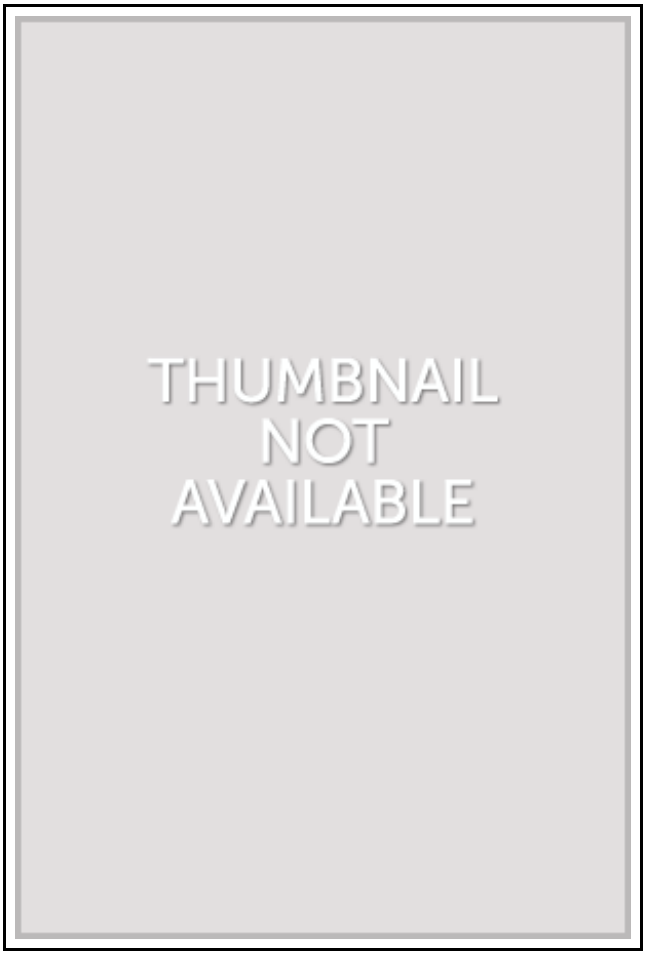
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ROC Publishing, United Kingdom, 2013. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.What is the difference between colonic irrigation, a colon cleanse and colon hydrotherapy? Does colonic hydrotherapy lead to weight loss? Are there any risks? What is the procedure for a colon cleanse? Where can I find a trained colon therapist? How much does it cost? What are the benefits? Did you know the first recorded use of enemas to improve health has been traced to the ancient Egyptians? If you are suffering from a range of conditions including irregular bowels, depression, anxiety, irritable bowel syndrome, weight gain, crohns or other intestinal symptoms then you may benefit from improving the health of your colon. This book will answer all your questions and more, helping you to fully understand the workings of the digestive system, how it can be supported naturally and when additional supportive care like colonic irrigation might be necessary. Includes directory of qualified colonic therapists in the U.K and U.S.A.

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