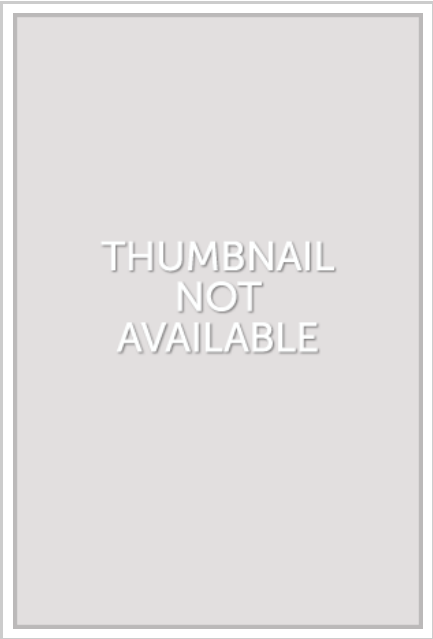


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Mostly Macro: A Guide to Healthy Cuisine for the Discriminating Palate

By Lisa Turner

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