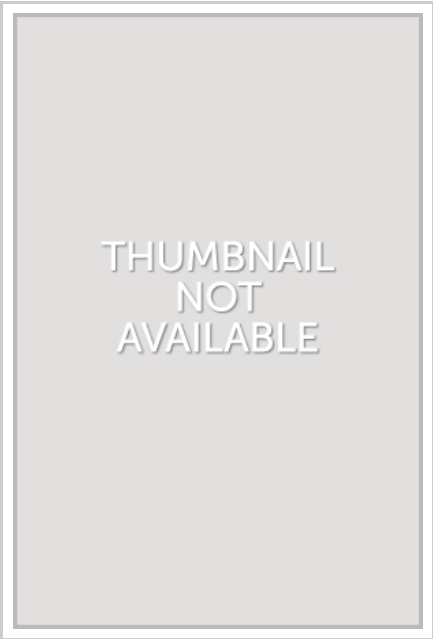


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Unfriend Yourself: Three Days to Detox, Discern, and Decide about Social Media (Paperback)

By Kyle Tennant

Moody Press,U.S., United States, 2012. Paperback. Book Condition: New. New.. 175 x 124 mm. Language: English . Brand New Book. Three days. No Facebook. No Twitter. No social media. Just time to detox, discern, and decide. Take a three-day social media fast with Unfriend Yourself and learn to examine your use of social media from a Christian perspective. This book will guide you in evaluating your fast by asking challenging questions such as: What happens when I broadcast myself on the Internet?Do I see a difference between my interactions on social media and my interactions face-to-face?Do I rule my media, or do my media rule me? While reading Unfriend Yourself, you will learn to think critically, biblically, and practically about social media. Whether you choose to leave the social media scene, engage in it less, or engage in it more after your social media fast, your perspective on social media will never be the same. Without throwing the baby out with the bathwater, Kyle challenges the Christian to a God-honoring approach to social media involvement. Well researched and thought through, Unfriend Yourself avoids the emotional arguments and instead presents a provocative must read for any students, young adults, and generations...

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