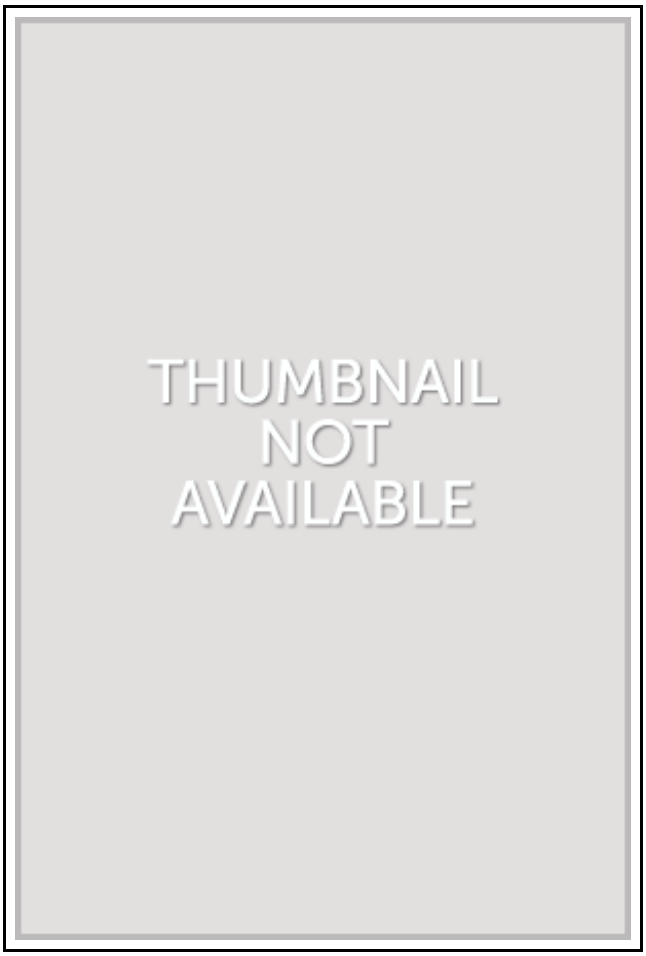
Happy Baby, Happy Family: Learning to Trust Yourself and Enjoy Your Baby



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Reviews

It is simple in go through preferable to comprehend. It is full of wisdom and knowledge It is extremely difficult to leave it before concluding, once you begin to read the book.
(Leif Predovic)

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HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Happy Baby, Happy Family: Learning to Trust Yourself and Enjoy Your Baby, Sarah Beeson, Answers to the questions real mum and dads have during the first year. There isn't one perfect way of parenting: every single baby and family is unique. Feeling confident, authentic and positive about your role as a parent is key to building a loving relationship. This book helps you find your parenting style so you can be the parent you want to be. Written by Sarah Beeson MBE, who has over 40 years hands-on experience of working as a health visitor, this book is full of the author's secrets and tried and tested strategies on breastfeeding, sleeping, weaning, calming your baby and forming a secure attachment. Nurturing, practical and refreshingly honest, this book embraces the idea that one-size parenting doesn't fit all, but with Sarah Beeson's book to hand you have a best friend with great advice and a gentle approach to guide you through the first.

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