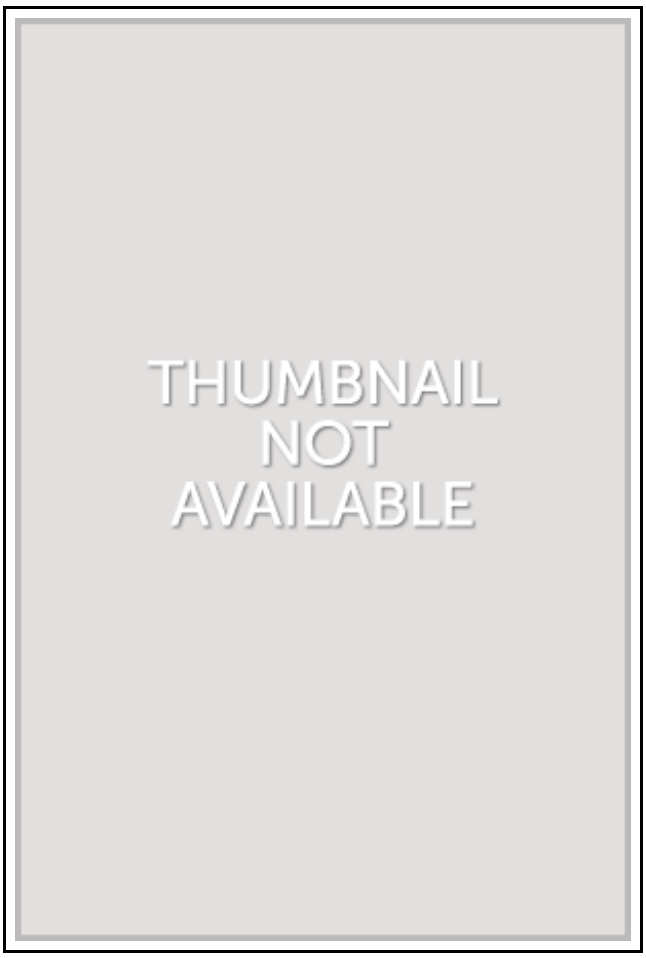
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Research Press Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, Experiential Activities for Enhancing Emotional Intelligence: A Group Counseling Guide to the Keys to Success, Scott I. Goldsmith, Comprehensive, user friendly, and just plain fun, this book brings experiential activities to the service of enhancing emotional intelligence. Designed for counseling professionals working with children and young adults, the book's activities unite the joy of adventure-based games with training in emotional awareness, behavioral control, and relationship skills--crucial building blocks for personal success. Key Content: An introduction to the program and its foundation in experiential counseling, adventure-based group work, and theories of emotional intelligence Over 150 experiential activities, all time-tested and specifically designed to enhance skills in emotional intelligence A user-friendly format that lets readers quickly match games to participants, identify objectives, and find step-by-step guidance Multiple options for adapting activities and sequences to special-group needs A wealth of facilitator supports, including activity tools, worksheets, and strategies for engaging participants and debriefing activities Three sample curricula for running anger-management, depression-support, or leadership training groups Facilitators will find the activity sequences suitable for emotionally and behaviorally challenged youth as well as any participants seeking enhanced learning and personal growth. Filled with tried-and-true favorites and new approaches, the book offers everything from icebreakers and name games to low- and high-level initiatives and trust activities. Facilitators and participants are sure to find something that connects--and promotes fun!.

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